



Ourselves[®]

Ourselves uses compelling stories read aloud by the volunteer, along with hands-on activities, to demonstrate helping, working, earning, and saving.

Following participation in the program, students will be able to:

- Develop and understand personal characteristics, including self-concept, taking responsibility, cooperating with others, making decisions, and setting personal goals.

Session Titles and Summaries

Session One: Robbie's Trip to the Farm

Students are introduced to a storybook character and his visit to a family farm. Through a group discussion and drawing pictures of their favorite animals, they discover that individuals make choices.

Session Two: Angie and the Carnival

Students are introduced to a storybook character and her plans to earn money by making and selling crafts at a carnival.

Session Three: Charlie Plants a Garden

Students learn how the storybook characters work together to plant a community garden.

Session Four: Megan Buys a Present

Students recognize the importance of saving money to buy something they want through a story about a girl who must save to buy a birthday present.

Session Five: Dylan and the New Playground

Students learn how the storybook characters save money to buy new playground equipment for their school.

